



## COVID-19 DAILY HEALTH DECLARATION

FULL NAME:

COMPANY/PRODUCTION:

TELEPHONE NO:

EMAIL ADDRESS:

DATE:

WHO ARE YOU VISITING:

### The main symptoms of COVID-19 are:

- **High temperature** – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- **New, continuous cough** – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- **Loss or change to your sense of smell or taste** – this means you have noticed you cannot smell or taste anything, or things smell or taste different to normal
- Most people with coronavirus have at least one of these symptoms

### Please answer the following questions:

1	I am displaying symptoms of COVID-19 as described above, or have tested positive for COVID-19 in the last 10 days	Yes	No
2	I should be self-isolating as I suspect I may have been exposed to COVID-19 within the last 10 days and I am not fully vaccinated	Yes	No
3	I have been notified by the NHS Test and Trace service to self-isolate	Yes	No
4	I should be self-isolating, as I am living in the same household or "support bubble" as someone who has displayed symptoms or has tested positive for COVID-19 within the last 10 days and I am not fully vaccinated*	Yes	No
5	I should be quarantining or self-isolating after recently arriving from a Red list country and my job does not qualify for an exemption, and I am not in a possession of a negative test result under the Test to Release scheme.	Yes	No

(\*Fully vaccinated means 14 days have elapsed since your second vaccine dose)

**If you have answered YES to any of the questions, we regret that we cannot admit you to our premises today.**



[Continued]

6	In the event of a request for contact tracing information You may share my contact details* with NHS Test & Trace	Yes	No
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Please sign here:

We have a legitimate interest in collecting your personal data to protect the health of our employees, contractors, and visitors. This information will be recorded and securely stored in accordance with our data protection and privacy policies [available on request/available online]. This data will be deleted after 21 days.

